

# ONE CONVERSATION™

Use these discussion starters to help foster a spiritual conversation with your family.

BIBLE  
STUDIES  
FOR LIFE

PSALM 100:1-5

Concept: Be Thankful

**THE BIBLE MEETS LIFE:** Thanksgiving week tends to be a time in which we are wrapped up in football games, family get-togethers, and great food. In the busyness of the holiday season we can miss the “thanks” in Thanksgiving, especially in showing thankfulness to God. Every good thing we have comes from Jesus. Our very breath and life are a gift from God. As a result, gratitude should be our natural response to Jesus.

## PRESCHOOL



### JOHN 6:1-13

**LIFE POINT:** Be thankful for everything God gives you.

- Who shared his food with the people?
- What was the first thing Jesus did before breaking apart the food and giving it to the people?

**LIVE IT OUT:** Provide paper and crayons. Encourage your child to draw pictures of things he is thankful for. Insert the pictures into ziplock bags, and seal them. Staple the bags together along one side to make a book. Read the book together during the Thanksgiving season.

## KIDS



### JOHN 6:1-13

**LIFE POINT:** Be thankful for everything God gives you.

- What was Jesus' first action before He distributed the food?
- What are some things you are thankful for?
- Say the Life Verse: Psalm 100:4.

**LIVE IT OUT:** Help your child think about all the blessing God has given him. Write an “I am thankful for . . .” list together. Pray each day with your child, thanking God for all He has given you and your family.

## STUDENTS



### PSALM 100:1-5

**THE POINT:** Thankfulness should be our natural response to Jesus.

- Why is it often easier to complain than to be thankful?
- What do you most look forward to about Thanksgiving?

**LIVE IT OUT:** Your student has been encouraged to do one or both Live It Out activities in the Personal Study Guide. Here are some suggested ways to help your student:

*If he plans to complete **Best Dinner Ever**:*

- Share about your favorite Thanksgiving meal.
- Encourage your student to begin working on a dish he could make the family every year for Thanksgiving.

*If he chooses to do **Thankful List**:*

- Let your student know that you are thankful for him.
- Ask your student if he would be willing to share his list with you.

Have a conversation around this quote: “As we express our gratitude, we must never forget that the highest appreciation is not to utter words but to live by them.”<sup>1</sup> —John F. Kennedy

1. President, “Proclamation 3560 Thanksgiving Day, 1963,” Code of Federal Regulation, title 3, (1959–1963).