VERSATION

THE BIBLE MEETS LIFE: What does it look like when you're filled with hope? When hope is expressed, it looks like gratitude. The more we walk in hope and the more we abide in Christ, the more grateful we become. Psalm 138 resonates with gratitude and we can learn from the example of King David as he expresses his hope in God.



PSALM 138:1-8

Concept: Don't Get Distracted

PRESCHOOL



PSALM 138:1-8

David was the king of Israel. He loved God. David wanted to say thank you to God. These are some of the words from a song David wrote. "Thank You, God, for Your love. You keep Your promises. I sing praises to Your name. Whenever I pray to You, You listen and answer. You have made me strong. All the leaders of the earth will praise You, God. You are mighty and strong. People will sing of the wonderful things You do. Even though You are great, You love us. God, You protect me if I am in danger. You will help me do what I should. You will love me forever."

LIVE IT OUT: As a family, talk about ways to show thanks to God. Decide on one. Do it as a family.

KIDS



PSALM 138

David played his harp and sang praise songs to God. When David became king, he wrote more songs. In Psalm 138, David wrote, "Thank You, God. I praise You everywhere. When I stand facing the temple, I say, 'Thank You, God.' I thank You for loving me and being faithful. When I pray, You answer. You strengthen me. When kings hear about You, they will sing about You. You are high above us and see everything. You protect and take care of me. Do with me whatever You want. Your love lasts forever!"

LIVE IT OUT: Talk about a song the family could sing together thanking God. Use any tune and any words. If music seems uncomfortable, write a family prayer saying thank you to God.



PSALM 138:1-8

THE POINT: Be grateful for the hope you have in Christ.

 Have a discussion with your student about what you are most grateful for.

Have a conversation around this quote: "To love means loving the unlovable. To forgive means pardoning the unpardonable. Faith means believing the unbelievable. Hope means hoping when everything seems hopeless."1 — Gilbert K. Chesterton

1. "Gilbert K. Chesterton Quotes," Brainy Quote, [cited July 19, 2013]. Available from the Internet: http://brainyquote.com.

LIVE IT OUT: Your student has been encouraged to do one or both Live It Out activities in the Personal Study Guide.

If your student chooses to do Great Because:

- Remind your student of a few reasons his or her life is great.
- Write your student a note to share how grateful you are that God blessed you with him or her.

If your student chooses to do Express

Your Gratitude:

- Encourage your student to tells others that he or she is grateful for them and what they do.
- Pray that your student will have a grateful attitude.

TAKE IT FURTHER:

Check out The First Workers section of the Bible Studies for Life: Kids Family App.

